

Introducing Important Investment Option Changes for MID GEORGIA AMBULANCE 401K PLAN

Important New Investment Option Changes

The MID GEORGIA AMBULANCE 401K PLAN(the Plan) is a great way to save for retirement. Our goal is to continue helping you build a more secure financial future by providing a wide array of investment options. Recently, we restructured the investment option line-up. Read on for more details on the upcoming investment option changes and effective date.

Summary of Changes

A complete summary of the investment option changes and remaining investment options are listed below.

New Investment Option – Effective 7/08/2009

Investment Advisor	Investment Options
PIMCO	Core Plus Bond I Separate Account

Complete List of the Plan's Available Investment Options – Effective 07/08/2009

Investment Advisor	Investment Options
AllianceBernstein / Westwood	LargeCap Value III Separate Account
Goldman Sachs Asset Mgt	LargeCap Blend I Separate Account
Principal Global Investors	LargeCap S&P 500 Index Separate Account
Columbus Circle Investors	LargeCap Growth Separate Account
Goldman Sachs/LA Capital Mgmt	MidCap Value I Separate Account
Principal Global Investors	MidCap Blend Separate Account
Turner/Mellon/Jacobs Levy	MidCap Growth III Separate Account
DFA/Vaughan Nelson/LA Capital	SmallCap Value II Separate Account
Principal Global Investors	SmallCap S&P 600 Index Separate Account
UBS/Emerald/Essex	SmallCap Growth II Separate Account
Principal Global Investors	Diversified International Separate Account
Prin Mgmt Corp/Prin Global Inv	Principal LifeTime Strategic Income Separate Account
Prin Mgmt Corp/Prin Global Inv	Principal LifeTime 2010 Separate Account
Prin Mgmt Corp/Prin Global Inv	Principal LifeTime 2020 Separate Account
Prin Mgmt Corp/Prin Global Inv	Principal LifeTime 2030 Separate Account
Prin Mgmt Corp/Prin Global Inv	Principal LifeTime 2040 Separate Account
Prin Mgmt Corp/Prin Global Inv	Principal LifeTime 2050 Separate Account
	Guaranteed Interest Account 5 year

Investment Advisor	Investment Options
Principal Global Investors	Money Market Separate Account
PIMCO	Core Plus Bond I Separate Account
Principal Global Investors	Bond and Mortgage Separate Account
Principal Real Estate Inv	U.S. Property Separate Account

How To Get More Information

Prior to the effective date outlined in this document, you may find it useful to review your investment allocation to determine if these investment changes impact you. To do so, please:

- Log into www.principal.com to view your account information, **OR**
- Call TeleTouch®, a toll-free, interactive voice response system at 1-800-547-7754.

Either of the above options will allow you to view and/or change how your current balances or future contributions are being invested. Take a few moments to review the Plan's investment option information today.

Several investment companies have decided to impose redemption fees and/or transfer restrictions on certain plan and/or participant transactions. One or more of the investment options in your employer's retirement plan may be impacted. For more information, visit us at www.principal.com.

Separate Accounts are available through a group annuity contract with the Principal Life Insurance Company. Insurance products and plan administrative services are provided by Principal Life Insurance Company a member of the Principal Financial Group, Des Moines, IA 50392.

Insurance products and plan administrative services are provided by Principal Life Insurance Company. Securities are offered through Princor Financial Services Corporation, 800-547-7754, member SIPC, and/or independent broker/dealers. Securities sold by a Princor Registered Representative are offered through Princor. Princor and Principal Life are members of the Principal Financial Group, Des Moines, IA 50392. Certain investment options may not be available in all states or U.S. commonwealths.

Fixed-income investment options are subject to interest rate risk, and their value will decline as interest rates rise. Neither the principal of bond investment options nor their yields are guaranteed by the U.S. government.

High-yield investment options are subject to greater credit risk associated with high yield bonds.

Small-cap and mid-cap investment options are subject to more fluctuation in value and may have additional risks than other investment options with stocks of larger, more stable companies.

International and global investment options are subject to additional risk due to fluctuating exchange rates, foreign accounting and financial policies, and other economic and political environments.

Specialty investment options may experience greater volatility than funds with a broader investment strategy due to sector focus. These investment options are not intended to serve as a complete investment program by itself.

Real estate investment options are subject to some risks inherent in real estate and Real Estate Investment Trusts, such as risks associated with general and local economic conditions.

Money Market investment options are not guaranteed by the Federal Deposit Insurance Corporation (FDIC), or any other government agency. Although this investment option seeks to preserve the value of an investment, it is possible to lose money by investing in the portfolio.

Each index-based investment option is invested in the stocks or bonds of the index it tracks. Performance of indexes reflects the unmanaged result for the market segment the selected stocks or bonds represent. There is no assurance an index-based investment option will match the performance of the index tracked.

Equity investment options involve greater risk, including heightened volatility, than fixed-income investment options. Fixed-income investment options are subject to interest rate risk, and their value will decline as interest rates rise.

Asset allocation does not guarantee a profit or protect against a loss. Investing in real estate, small-cap, international, and high-yield investment options involves additional risk.

Fixed-income and asset allocation investment options that invest in mortgage securities are subject to increased risk due to real estate exposure.

A surrender charge may apply to withdrawals or transfers from an unmatured guaranteed interest account.

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